

# ACTIVITIES

## Advisory and Team-Building



GREAT FOR MIDDLE SCHOOL

90 PRINTABLE PAGES OF ICEBREAKERS & TEAMBUILDING,  
SOCIAL EMOTIONAL LEARNING (SEL), STUDY SKILLS & EXECUTIVE  
FUNCTIONING, CHARACTER & COMMUNITY BUILDING  
QUICK WINS AND FUN BRAIN BREAKS

Make advisory, homeroom, or morning meetings meaningful and engaging with this set of ready-to-use advisory activities designed especially for middle school students. These activities build classroom community, strengthen SEL skills, and provide fun, low-prep ways to start the day or fill advisory time.

## What's Included?

90+ Pages of

✓ **Icebreakers & Team Building** – “Find Someone Who” Bingo, Would You Rather cards, Human Knot, and more

✓ **SEL Reflections & Growth Mindset** – Journal prompts, discussion cards with sentence stems, student reflection sheets

✓ **Study Skills & Executive Functioning** – Time management tips, weekly planners, goal-setting worksheets, organization challenges

✓ **Character & Community Building** – Scenario cards (friendship, honesty, responsibility, digital citizenship), gratitude jar slips, compliment chain activities

✓ **Fun Brain Breaks** – Trivia questions, doodle challenges, riddle-of-the-day cards, coloring pages with positive affirmations

# FUN ACTIVITIES FOR STUDENTS TO COMPLETE DURING ADVISORY

## Icebreakers & Team Building

"Two Truths and a Lie"  
"Would You Rather?" scenario cards  
Quick collaborative challenges

## Social-Emotional Learning (SEL)

Reflection prompts  
Growth mindset discussion cards  
Positive affirmation posters

## Study Skills & Executive Functioning

Time management quick tips + practice activity  
Goal-setting worksheet  
Organization challenge

## Character & Community Building

Scenario discussion cards (friendship, honesty, responsibility, digital citizenship)  
Gratitude activities  
Compliment chain

## Fun Brain Breaks & Quick Wins

Trivia questions (school-appropriate, high-interest topics)  
Doodle challenges & Riddle of the day



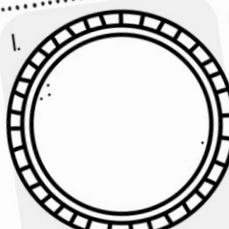
Can be used for early finishers too!

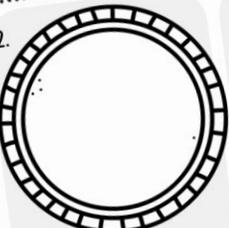
# EACH ACTIVITY IS DESIGNED TO BE QUICK, ENGAGING, AND FUN FOR KIDS!

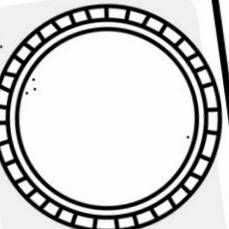
## 3 Good Things

**Character & Community Building**

**DIRECTIONS:** Reflect on your day or week and write down three good things that happened. **EXAMPLES:** These can be big or small (ex: "I passed a quiz," "My friend made me laugh," "I ate my favorite lunch").

1.  WHY WAS THIS IMPORTANT TO ME?

2.  WHY WAS THIS IMPORTANT TO ME?

3.  WHY WAS THIS IMPORTANT TO ME?

**Directions:** Cut on the dashed lines. Students can use the compliment stems or create their own. Each student writes a compliment on a strip of paper for a person in the classroom. The class connects the strips into a paper chain that can be displayed.

 I APPRECIATE YOU BECAUSE...

 YOU ARE REALLY GOOD AT...

 I ADMIRE HOW YOU...

 YOU ALWAYS MAKE ME FEEL...

**BE THE REASON SOMEONE SMILES TODAY!**



Ready-to-Use Activities - Students will have a blast coloring and doodling, too!

• Save Time • Build Community • Strengthen SEL Skills

Designed for Grades 6–8, Easy to Implement in Advisory

**1 RIDDLE**  
What has hands but can't clap?

**2 RIDDLE**  
The more of me you take, the more you leave behind. What am I?

**3 RIDDLE**  
The more you have of me, the less you see. What am I?

**4 RIDDLE**  
I'm tall when I'm young and short when I'm old. What am I?

**5 RIDDLE**  
What has to be broken before you can use it?

**6 RIDDLE**  
What goes up but never comes down?

**Doodle Challenge**  
DIRECTIONS: Look at the doodle starter on your page. Use your imagination to turn it into a complete picture. There's no right or wrong answer, be creative and have fun! When time is up, share your doodle with a partner or the class.

DOODLE CHALLENGE: SWIRL



**SELF-AWARENESS REFLECTION PROMPTS**

What is one thing you did this week that you are proud of?

How do you usually react when something doesn't go your way?

What helps you calm down when you're stressed or upset?

How do you handle it when you make a mistake?

USE POSITIVE SELF-TALK: Replace "I can't do this." with "I'll try my best."

What motivates you to keep trying, even when it's hard?

SEL Skills: Emotional Regulation

**Organization Challenge Binder & Folder sort**

DIRECTIONS: Open your binder or folders and check each subject. Put papers in the correct sections, remove anything you don't need anymore, and hole-punch loose papers. If you don't have dividers, use sticky notes or paper tabs to mark each subject.

**BINDER & FOLDER SORT CHECKLIST (CHECK EACH BOX AS YOU GO)**

- Open your binder or folders and take out all loose papers.
- Throw away or recycle papers you no longer need.
- Place notes, homework, and handouts into the correct subject sections.
- Hole-punch loose papers and put them in the right place.
- Use sticky notes or tabs to label each subject if you don't have dividers.
- Put today's homework or important papers in an easy-to-find spot.
- Check that you have enough paper, pencils, and supplies for each class.
- Close your binder/folders neatly so it's ready for tomorrow.

REFLECTION QUESTIONS

1. What is one habit you can use to keep your binder or folders organized every week?

2. What's one habit you can use to keep your binder or folders organized each week?

WHAT IS SOMETHING RANDOM YOU FOUND DURING THE BINDER & FOLDER SORT?

MARCY'S Mayhem

SEL Skills: Executive Functioning

No-Prep Activities  
Easy to Print and Go!  
Engaging & Fun for Advisory

# Do you need additional Executive Functioning Practice?

Click any of the covers below to see more

**EXECUTIVE Functioning Lessons**

**8 Key Executive Functioning Skills**

- Time Management
- Working Memory
- Emotional Control
- Flexible Thinking

**How Can You Improve These Skills?**

- Use a planner to keep track of assignments.
- Take deep breaths when you feel overwhelmed.
- Break big tasks into smaller steps.
- Set reminders for deadlines.
- Ask for help when you need it!

**Remember:** Executive functioning skills take time to build. Start with practice, be consistent, and become an even more successful student!

**MARCY'S Mayhem**

Includes lesson, objective, checklists, posters, guided activities activity and independent activities  
**Teach: Time Management, Working Memory, Emotional Control, Flexible Thinking**

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- Planning & Organization
- Impulse Control
- Self-Monitoring

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Bundle